



Committed Planzaga

Community Plan

Action Plan 2019-24



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Foreword by Chair of the Strategic Community Planning Partnership

Welcome to the Lisburn & Castlereagh Community Planning Partnership Action Plan 2019-2024.

The first Action Plan 2018/2019 has now been reviewed and a further five year Action Plan has been agreed by the Community Planning Partnership. Some of the original actions have remained in this revised action plan; some have changed their focus; some have been amalgamated and some have been removed as they are 'business as usual' projects for Partner organisations.

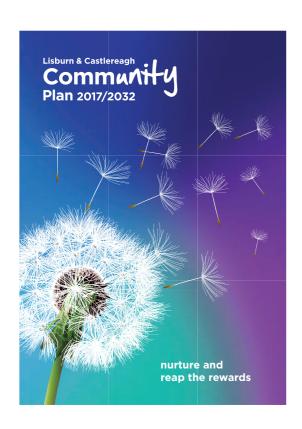
The actions in the plan have been devised through collaborative working with community, voluntary, statutory and business partners and sharing of information which has resulted in new ways of thinking and working.

The detail of the Action Plan identifies what we say we are going to do, what we are trying to improve, how we are going to do it and who is going to deliver it. It is flexible and can be changed if the actions are not meeting local need. We will regularly review and keep everyone informed of progress.

At a time of uncertainty, we must all work together to improve the lives of everyone who lives in, works in or visits Lisburn & Castlereagh.



Heather McKee, SERC



Introduction

In May 2017 the Lisburn & Castlereagh
Community Planning Partnership launched
its first Community Plan which brought
together many representatives of public
services and the community to develop and
implement a shared vision for everyone.
It aims to promote social, economic and
environmental wellbeing for everyone who
lives and works in Lisburn Castlereagh.

The Plan identifies five themes and associated outcomes which reflect the needs and aspirations of our citizens.

The 5 Themes are:



Theme 1:
Children
and Young
People

Our children and young people have the best start in life



Theme 2:
The
Economy

Everyone benefits from a vibrant economy



Theme 3: Health and Wellbeing

We live healthy, fulfilling and long lives



Theme 4: Where We Live

We live and work in attractive, resilient and environmentallyfriendly places



Theme 5:
Our
Community

We live in empowered, harmonious, safe and welcoming communities



















Following the launch of the Community Plan, statutory and support partners along with local community representatives developed a series of actions. These are currently being implemented to help the Partnership achieve the agreed outcomes.

This was accomplished through a number of workshops focused on each of the themes. The outcomes and supporting outcomes identified in the Community Plan were the starting point for discussion; and through collaboration and partnership working agreed actions were generated on who should lead on each action delivery.

The outworking of the development of the actions is contained later in this document.

The first Action Plan was two years in duration and over this time, in response to changing circumstances, the Action Plan has been reviewed and updated.

The Community Planning Partnership has taken account of the updates and has agreed a further Action Plan which will be implemented over the next five years, building on the successes to date.

Why are we doing this?

Community Planning is enshrined in the Local Government Act (Northern Ireland) 2014 and places a duty on the Council along with a number of named partners to identify long-term objectives for improving the social, economic and environmental wellbeing of the city Council area.

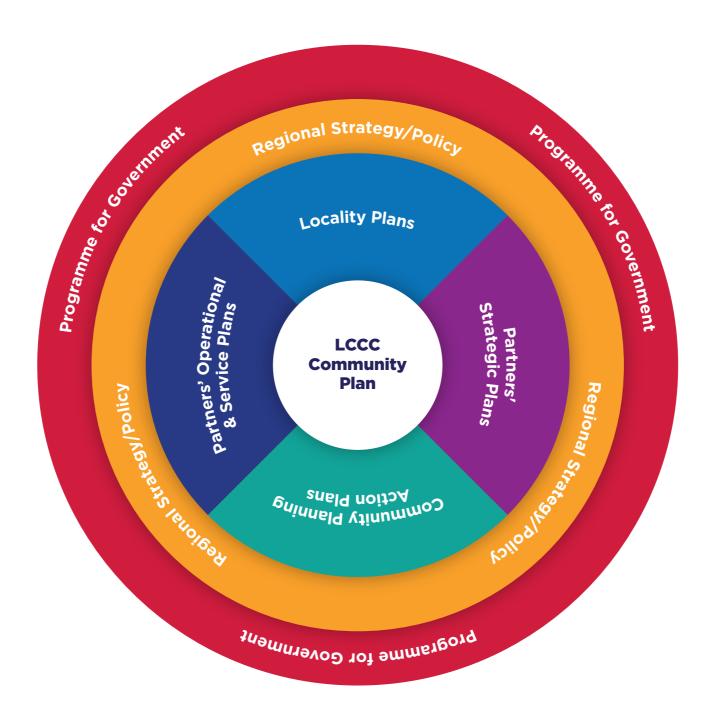
It also requires achievement of sustainable development while promoting equality of opportunity and good relations and tackling poverty, social exclusion and patterns of deprivation.

The emerging Programme for Government has been devised using an outcomes approach and government departments have recognised that delivery will not be achieved through individual departments working in isolation. Community Planning is reflected in this approach and is committed to outcomes based accountability. Tying these plans and strategies together will lead to more cohesive delivery for all.

Appendix 2 (page 39) shows the relationship between the Lisburn & Castlereagh Community Plan outcomes with the Programme for Government outcomes and indicators.



Diagram 1: Interrelationship of plans and strategies



More importantly, this collaborative and outcomes based approach to service delivery is a vital component in empowering local people to influence the type and standard of services they receive in an atmosphere of austerity and tightening budgets. Working together will create efficiencies and a culture of shared learning not previously experienced. Action planning is an opportunity to develop ideas on how to reshape resources, not just funding. As a result all partners have agreed to embrace the principles of co-design and co-production in the formulation and delivery of the Action Plan.

The partners in this community planning process have listened to what people have to say, considered the evidence and, bringing their own experience and expertise to bear, have a clear vision for Lisburn Castlereagh that can be shared by everyone who lives and works here.

Lisburn and Castlereagh Community Planning
Partnership is committed to encouraging
innovation and fostering new ways of operating
in the delivery of its actions. The Partnership will
look for synergies between individual delivery
plans and develop new models for operating
where appropriate.

Our vision is:

An empowered, prosperous, healthy, safe and inclusive community.

Our mission is:

Working together to deliver better lives for all

Who is responsible?

While the Council has responsibility for facilitating and managing the community planning process, the development and delivery of the Community Plan is a shared task between all partners and the Council. The Lisburn & Castlereagh Strategic Community Planning Partnership comprises of

BELFAST HEALTH AND SOCIAL CARE TRUST • COUNCIL FOR CATHOLIC MAINTAINED SCHOOLS •

DEPARTMENT FOR COMMUNITIES • DEPARTMENT FOR INFRASTRUCTURE • DEPARTMENT OF

EDUCATION • EDUCATION AUTHORITY NI • HEALTH AND SOCIAL CARE BOARD • INVEST NI •

LIBRARIES NI • LISBURN & CASTLEREAGH CITY COUNCIL • NI FIRE AND RESCUE SERVICE •

NI HOUSING EXECUTIVE • NICVA • NORTHERN IRELAND PRISON SERVICE • POLICE SERVICE OF NI •

PUBLIC HEALTH AGENCY • SOUTH EASTERN HEALTH AND SOCIAL CARE TRUST • SOUTH EASTERN

REGIONAL COLLEGE • SPORT NORTHERN IRELAND • TOURISM NI • TRANSLINK • VOLUNTEER NOW

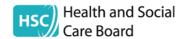
This Action Plan has been developed by the partners who engaged in and committed to the process.

Partners:





























Support Partners:

















What are the cross-cutting themes and principles?

Throughout the process to develop the Community Plan and the associated Action Plan the partners have agreed a number of cross-cutting themes and principles. These are listed below. The first three principles are enshrined in the Community Plan, the fourth was developed during the action planning process.

Sustainable Development:

Sustainability affects every part of government, civil society and business. Sustainable
Development is development which meets
the needs of current generations without
compromising the ability of future generations to
meet their own needs. We will check that all our
actions have at least a better than neutral impact
on sustainability and focus on those actions
that can deliver results for economic, social and
environmental wellbeing simultaneously.

Equality:

Reducing inequalities is a second core principle running through the Plan. Equality is a state of affairs in which all people within a specific society have the same status in certain respects, including civil rights, freedom of speech, property rights and equal access to certain social goods and services. Inequality undermines the wellbeing of people, our communities, our economy and our environment.

Participation:

The ability to fully participate in a democratic society is vital for our wellbeing. This plan and the actions it will generate depend on the full involvement of citizens, community groups and businesses.

Co-production and co-design:

It is accepted that the best outcomes for our citizens will come from collaborative working between the service providers and the service users. The partners who have influenced the Action Plan process have agreed that following co-production and co-design principles will help to ensure our actions are responding to need.



What are the constraints and risks?

There are a number of external factors which will impact on the success or otherwise of the Community Plan Action Plan.

Many of these are beyond the control of the partners but others may be mitigated against by careful planning and collaborative working. External factors include:

- BREXIT the impact of BREXIT, what it will mean for the border and for funding streams is an unknown at present.
- Assembly / Ministerial guidance the lack of an Assembly and Ministerial guidance may hinder the progress of the community planning process as the Programme for Government is inevitably delayed. Partner agencies are unsure of their responsibilities and funding arrangements, creating an air of uncertainty.

- Budget constraints within each organisation and funding uncertainty within community and voluntary organisations brings insecurity into the process.
- A lack of essential data at a local level which may take years to gather in order to show trends.
- A lack of comprehensive mapping of existing facilities and services to better understand what is available and what is already being done, resulting in potential overlaps in service delivery.

- Not all partners have been fully engaged in the process and this Action Plan is a reflection of those who engaged and, more importantly, committed to delivering better lives for all.
- There is a risk that the Community Planning Partnership fails to engage with hard to reach or seldom heard groups and all partners have a responsibility to tackle this issue.



What are the structures for delivery?

Governance structures are in place which have been approved by the Strategic Community Planning Partnership (SCPP).

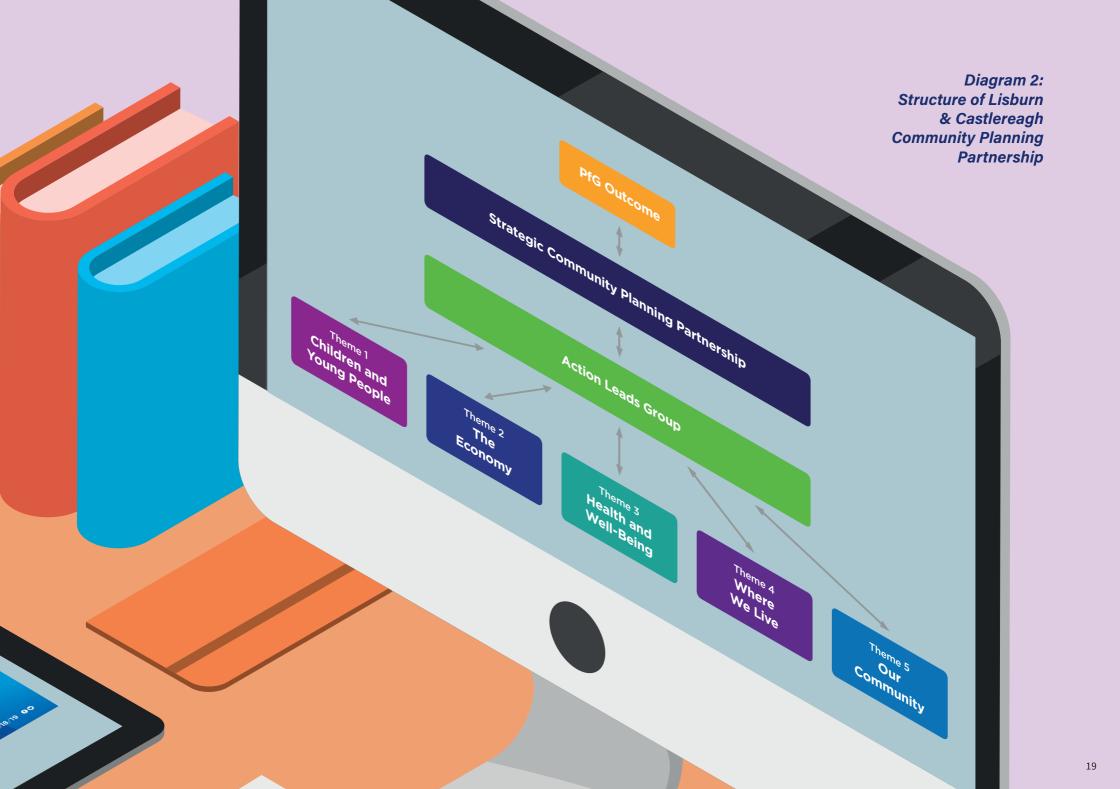
The SCPP has overall control of the community planning process and agrees and approves the actions to be delivered by the Action Planning Groups (APGs). There is one APG for each action which comprises statutory and support partners and representatives from the community and interest groups. Each APG has an action lead from a partner agency or the Council who will convene meetings as and when necessary and co-ordinate the delivery of the actions. Each action lead will feedback to the SCPP on a quarterly basis.

The purpose of each APG is to share information, capture what is new, but acknowledge what each partner is already doing to initiate new actions. Each member of the APGs will provide updates on projects in their own organisations and work streams to feed into the action plan process. Each APG will have an agreed Terms of Reference based on the SCPP Agreement.

Alongside the Action Plan, a series of locality plans will be generated, directed initially on the areas most in need. This more focussed approach will allow specific measures to be put in place in response to local conditions, reflecting the outcomes identified in the Community Plan.

More detail is contained in the Partnership Agreement but opposite is an outline of the structure.





Who are the neighbouring councils?

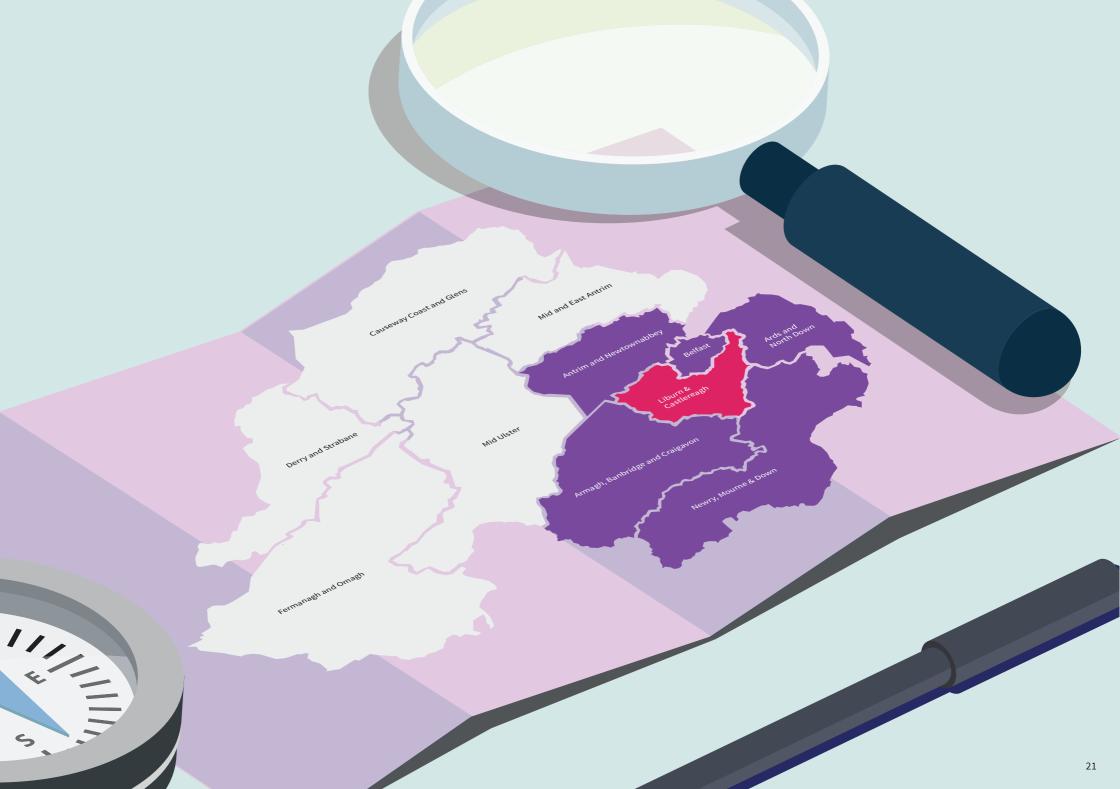
The Council area shares boundaries with the following five neighbouring Councils:

- Antrim & Newtownabbey Borough Council
- Ards and North Down Borough Council
- Armagh City, Banbridge and Craigavon Borough Council
- Belfast City Council
- Newry, Mourne and Down District Council.

There is a host of inter-relationships between Council areas. People travel across boundaries for work, education and leisure and there can be considerable benefits from recognising the important links between Council areas and working in collaboration with neighbouring Councils. For example, owing to its accessibility, new employment at Maze Long Kesh and West Lisburn/Blaris may provide opportunities for people living in West Belfast where unemployment is high.

There is scope for working collaboratively on a range of infrastructure issues. There are also shared opportunities for greater accessibility to green spaces such as the Lagan Valley Regional Park and the Lagan Navigation project. Lisburn Castlereagh has worked collaboratively with the Community Planning Partnerships in each of the neighbouring Council areas to ensure our outcomes are symbiotic and complementary.





What is the Action Plan?

The following section details the actions which have been agreed by the partners, arranged by theme.

Each theme has a number of corresponding actions illustrating:

- Why are we doing it?
- What is our target?
- How are we going to achieve it?
- Who is going to do it?
- What resources do we need to do it?
- What supporting outcomes does this address?

These actions have been devised as a result of collaborative working and demonstrate that by working in partnership and sharing information new ways of tackling problems can be developed. However, it is vital that all the work that each of the partners is currently doing as part of their remit is also captured in this Action Plan.

Each action is interdependent with other actions. This interdependency will be highlighted when relevant, and it is accepted that addressing issues such as physical activity and diet, increased

use of green spaces, reducing waste and food poverty for example will impact on a number of outcomes collectively.

Effective communication between the action leads and the SCPP, as well as within partner organisations, will ensure that any feedback or learning from work undertaken on connecting actions under different themes will be shared and experience gained will positively impact on all partners and outcomes.

The actions in this Action Plan will be achieved over the next five years. The

longer term actions will be developed through the Action Plan Groups as they monitor successes or otherwise and assess what difference they are making, in response to local needs and community engagement.

The following section provides the detail of the Action Plan. It identifies the rationale for what we say we are going to do, what we are trying to improve, how we are going to do it and who is going to deliver it. It is flexible and has the ability to respond to changing need.



Theme 1: Children and Young People

Our children and young people have the best start in life

Theme 4: Where we live We live and work in attractive, resilient and environmentally-friendly places

Everyone benefits from a vibrant economy

Theme 5: Our Community

We live in empowered, harmonious, safe and welcoming communities





How will the actions be monitored?

The Community Planning Partnership is required to make arrangements to monitor progress against meeting the Community Plan outcomes, and the effectiveness of the actions taken for the purpose of achieving those outcomes.

The Council must publish a statement once every two years on actions taken and outcomes achieved from information provided by the community planning partners. The first statement was produced in November 2019.

It is the responsibility of each appropriate partner to report feedback and monitoring to the action lead for any action. The action leads will report to the SCPP. There will be an annual review of statistics therefore monitoring will take place every six months if necessary in order to assess if actions are achievable, relevant and making a difference. If actions are failing to achieve outcomes, reprioritising will happen.

Therefore, it is of benefit to the representatives of the Council, statutory partners and support partners to gain an understanding of the various roles, remits and responsibilities of their respective organisations including their legal duties, resource limitations and accountabilities to other agencies as early as possible in the process.

Regular reporting gives partner organisations opportunities to raise concerns about deliverability at an early stage.

Where agreed actions are not being progressed, reasons for this should be reviewed with the partners and appropriate action taken to assist progress or amend the Action Plan. The Council is responsible for accountability to the public by publishing a statement on progress every two years.

Appendix 1 - Action Flowcharts

Theme 1: Children and Young People

Outcome: Our children and young people have the best start in life

Action 1a: Looked After Children

Why are we doing it?

- Children in care are more likely to have lower educational attainment, become involved in criminality and engage in risktaking activities (since April 2017, 229 young people have gone through the court system)
- In 2018, only 47.1% of care leavers went into education, training or employment
- Community Planning partners need to work together in new ways
 to help children in care overcome the disadvantage that they face.
 All government bodies share a corporate parenting responsibility.
 It is important that leaders work together to provide additional
 opportunities to help young people in care achieve their potential

What is our target?

- Improve the lives and futures of looked after children (LAC)
- Reduce the risk factors which impact on looked after children
- Increase the number of care leavers going into education, training or employment
- Increase opportunities for looked after children to participate in leisure and recreational activities

How are we going to achieve it?

Work in partnership to implement additional and novel ways to help young people in care achieve their potential. This will include:

- Lisburn & Castlereagh City Council (LCCC) creating a paid apprenticeship post for care leavers by February 2020 (subject to approvals). The South Eastern Health and Social Care Trust (SEHSCT) LAC employability team will support LCCC HR colleagues in establishing these posts and will provide additional support to the operational manager and the young person during the duration of the apprenticeship if required. LCCC to also share this 'best practice' with other Councils
- LCCC to offer a corporate Vitality membership for resident children and staff in Flaxfield Children's Home, close to Lisburn city centre. SEHSCT to manage the membership to ensure young people in care are able to access services both frequently and safely
- LCCC to offer corporate Vitality membership rates to all foster carers and their children living in the LCCC area. This will include new processes that facilitate children attending who have recently moved to the home. SEHSCT social workers to communicate the membership to foster carers
- SERC to offer a range of engagement activities including taster sessions for young people leaving care in the SE area and their carers / social workers

What supporting outcomes does this address?

- Children and young people in need and looked after children experience stability and positive transitions into adulthood
- All children have an equal chance to fulfil their educational potential
- Children and young people are protected from harm
- Crime and anti-social behaviour are reduced

What resources do we need to do it?

 All parties are contributing resources to enable these new approaches to be tested

- SEHSCT (Jason White)
- BHSCT
- LCCC
- SERC

Action 1b: Youth Council

Why are we doing it?

- Children and young people have a restricted voice and little influence over service delivery (in 2018, only 5% of young people in the NIYLT survey felt they had influence over local decisions)
- There are few formal processes for children and young people to have their say on issues affecting their lives
- Young people have an important role in society and deserve a mechanism to fully participate

What is our target?

- More young people are empowered to become active citizens
- More young people's leadership, citizenship and communication skills are developed
- Increase proportion of young people on the Youth Council who feel they have influence over local decisions to over 80%
- Increase the number of young people who successfully achieve accredited courses

How are we going to achieve it?

- Recruit and maintain a Youth Council
- Work in partnership to fund and manage the Youth Council
- Involve Youth Council in community planning actions
- Give young people some influence over service delivery
- Deliver leadership and development training programmes and other accredited courses

What supporting outcomes does this address?

- The positive role of children and young people in the community is valued and encouraged
- Children and young people live in a society that respects their rights
- There is participation and volunteering in public and community life, arts culture and sport by people of all backgrounds
- We feel a sense of belonging in our local neighbourhoods; urban, suburban and rural

What resources do we need to do it?

- No additional resources as yet
- Funding required from April 2020

- Education Authority (Esther Millar)
- LCCC (GR, CP, PEACE IV)
- PCSP
- PHA
- PSNI

Action 1c: Early Years

Why are we doing it?

- 32% of children in Lisburn entered primary school with speech and language issues (2013 prevalence study). Of these, 77% were boys from disadvantaged areas
- There is a direct effect on future achievement levels and a correlation with educational attainment and employment opportunities of children who have problems with speech and language at primary school age (in 2016/17 81.8% of non-FSME school leavers achieved at least 5 GCSEs including Maths and English, compared to only 50.9% of FSME school leavers)
- We need to improve outcomes for young people and ensure they have the best start in life

What is our target?

- Reduce the number of children from entering primary school with speech and language issues
- Co-ordinate a funded pilot Help Kids Talk project
- All parents of children 0-6 years will have a greater awareness of the importance of speech, language and communication development
- Increase the number of children involved in speech, language and communication development programmes
- All early years services, early education settings and primary schools in Lisburn will receive appropriate level of training that will support speech, language and communication development

How are we going to achieve it?

- Fund a co-ordinator post to run the Help Kids Talk project in partnership with LCCC, SEHSCT, Barnardos and EANI
- Share learning from the pilot project with aim of supporting similar projects in other areas as necessary
- Secure ongoing commitment to the Help Kids Talk

What supporting outcomes does this address?

- All children have an equal chance to fulfil their educational potential
- Good health will no longer be dependent on where we live or what income we have
- Poverty and disadvantage is reduced

What resources do we need to do it?

- A proposal to Council for one-off funded assistance for first three years
- SCPP to give guidance on how to resource the project

- Resurgam (Mabel Scullion)
- Barnardos
- BHSCT
- CYPSP
- EANI
- LCCC
- Libraries NI
- PHA
- Private Sector (Day Care)
- SEHSCT
- Voluntary and community sectors

Theme 2: The Economy

Outcome: Everyone benefits from a vibrant economy

Action 2a: Business Development

Why are we doing it?

- There is a need to create more new businesses (in 2018-19 there were 151 new business start-ups through NIBSUP and the employment rate of 16-64 year olds in 2018 was 76.8%) and to grow existing businesses to employ more people
- We need to reduce income inequality
- We need to equip our local workforce with the right skills to secure employment and/or start a business

What is our target?

- Reduced income inequality
- Increased capacity and skills levels to secure employment or start a new business
- Increase the number of new businesses

How are we going to achieve it?

- Hold a Business Start Up Event: Event aimed at early stage business owners in LCCC area to make them aware of the support services available to them
- Scoping exercise: Face-to-face or online survey to gauge needs of businesses in LCCC area

What supporting outcomes does this address?

- New businesses and social enterprises are created and existing ones grow, employing more people
- Our local workforce is equipped with the right skills to secure employment and / or start a business
- Income inequality is reduced

What resources do we need to do it?

Can be delivered within existing resources

- LCCC/SERC (Patricia Mallon/Paddy McShane)
- Beannchor Group
- Inspire Business Centre
- Invest NI
- Lisburn Chamber of Commerce
- Lisburn Enterprise Organisation
- Prince's Trust
- Women in Business
- Young Enterprise

Action 2b: Social Economy

Why are we doing it?

- It is important to support the social enterprise sector as they are a vital partner in the economy, civil society and in creating a fairer more inclusive society
- As part of the third sector, social enterprises play a key role in delivery of our public services
- The importance of capacity-building and business supports for social enterprises/ Leadership Development in the Third Sector
- The need for better measurement and awareness of the impacts of social enterprises demonstrating Social Value
- The benefits of enhanced networking/collaboration testing new consortia and resource sharing models

What is our target?

- To deliver capability support to new and existing Social Enterprises in the LCCC area
- To deliver asset transfer and SE projects in the LCCC area
- To deliver the SE/AT aspect of Lagan Navigation Project
- Raise awareness of the benefits of asset transfer and Social Enterprise in the LCCC area

How are we going to achieve it?

- Capability support to SEs to be provided via the Council Interreg project, running from 2020-2022
- Council Asset Transfer/SE projects include:
- Redevelopment of Hilden Primary school to include 2 social enterprises (in partnership with Resurgam); Derriaghy Primary School; Lagan Navigation
- Resurgam Trust asset transfer project at Maghaberry Friends Meeting House
- ATLAS Women's Centre to incorporate social enterprise community shop and working gardens into newly extended premises by 2022
- Provide case studies of successful SE/AT projects
- Event in Council area to showcase SE and AT projects

What supporting outcomes does this address?

- New businesses and social enterprises are created and existing ones grow, employing more people
- Income inequality is reduced
- There is community ownership and management of local assets and facilities

What resources do we need to do it?

- Time resource
- Budgets against the following:
- Interreg Funding.
- Lagan Navigation Project.
- Hilden P.S. / Derriaghy P.S.CAT
- Friends Meeting House CAT
- -ATLAS SE projects

- DfC (Sharon Polson/Lorraine Gallagher)
- LCCC (Patricia Mallon)
- Lagan Navigation Trust
- Resurgam
- Atlas
- Potentially Ballybeen

Theme 3: Health and Wellbeing

Outcome: We live healthy, fulfilling and long lives

Action 3a: Be Active Lisburn and Castlereagh

Why are we doing it?

- There are unacceptably low levels of physical activity particularly amongst people with disabilities, females and people in areas of need
- There was a 57% gap in preventable deaths between Lisburn Castlereagh as a whole and the most disadvantaged areas in 2013-17
- 15% of Year 1 and 22.46% of Year 8 children were overweight or obese in 2016

What is our target?

- Increase the numbers of people participating in physical activity and sports clubs
- Reduce the numbers of preventable deaths and reduce heart disease, obesity, some cancers and mental health issues
- Reduce the numbers of Year 1 children and Year 8 children overweight or obese

How are we going to achieve it?

- Establish a physical activity group across LCCC by March 2020
- Map existing services and create an action plan by March 2020
- Establish baseline figures to inform action plan September 2020
- Monitor actions post-March 2020
- Put tackling obesity measures in place by June 2020

What supporting outcomes does this address?

- People of all ages are more physically active more often
- Older people age actively and more independently to stay well and connected
- Good health will no longer be dependent on where we live or what income we have
- We enjoy good mental health

What resources do we need to do it?

Partners' time

- SportNI (Conleth Donnelly)
- LCCC (Faron Morrison)
- BHSCT
- Community and voluntary sector
- DfC
- EANI
- NIFRS
- Outdoor Recreation NI
- PHA
- SFHSCT
- The Waterways Community

Action 3b: Age Friendly

Why are we doing it?

- We have an increasing ageing population. In 2018 16% of the population were over 65. In 2032 28% of the population will be over 65 in Lisburn Castlereagh
- Findings within the community conversations states
 - There is a lack of awareness around what is available for older people.
 - There is a lack of co-ordination of services
- There is no older persons network in the LCCC area
- Participation in social and physical activities is low
- There are increasing numbers of people with dementia who will need increased support
- There were 783 people on the Dementia Register in the LCCC area in 2018

What is our target?

- AF Strategy to be in place by December 2019
- Establish a reporting mechanism for Age Friendly & Age Friendly Alliance members to report on their lead action contained within the Age Friendly Strategy
- Establish a communication strategy to inform the community of the progress of the Age Friendly Strategy
- Increase the co-ordination among services aimed towards older people
- Establish an Older Persons Network within the Lisburn Castlereagh area by December 2019
- Establish community training to highlight the impact of dementia and build knowledge of dementia in the LCCC area

How are we going to achieve it?

- Age Friendly Strategy to be in place by December 2019
- Signed letter of commitment to work towards joining the Global Network of Age Friendly Cities and Communities.
- Follow the indicative steps in becoming Age Friendly laid out in the Age Friendly Framework & include older people as part of that process
- Produce an Age Friendly baseline of statistics to inform an Age Friendly Strategy
- Work with our colleagues in the South Eastern Health and Social Care Trust and Belfast Trust to establish an Older Persons Network by engaging our local community groups
- Establish locality group to roll out dementia training by DEA area

What supporting outcomes does this address?

- Older people age actively and more independently to stay well and connected
- People of all ages are more physically active more often
- Good health will no longer be dependent on where we live or what income we have
- Poverty and disadvantage is reduced

What resources do we need to do it?

• No additional resources needed as yet

- LCCC (Gareth McCausland)
- Age Friendly Alliance
- Health & Social Care Board
- Lagan Valley Rural Transport
- Libraries NI
- Linking Generations NI
- NIFRS
- PCSP Lisburn & Castlereagh
- PHA
- Resurgam Trust
- SEHSCT/BHSCT
- Volunteer Now

Action 3c: Good Mental Health

Why are we doing it?

- Incidents of self-harm were 75% higher in 2013/14-2017/18 in the most deprived areas compared to LCCC as a whole
- The suicide rate was 93% higher in 2013-17 in the most deprived areas compared to LCCC as a whole
- The numbers of people on prescriptions for mood and anxiety disorders has been rising since 2011
- The Health Survey for NI 2017/18 indicated that almost 1/5 (18%) of respondents had a GHQ12 score which could indicate a mental health problem and a quarter (26%) of respondents had concerns about their own mental health

What is our target?

- Increase awareness about the benefits of promoting good mental health
- Increase knowledge, confidence and skills within the wider community in terms of supporting people with poor mental health
- Increase knowledge and awareness of available mental health and suicide prevention services
- Support community organisations to deliver positive mental health messages and events
- Encourage more collaboration and coordination across services with an interest in, or remit for, promoting good mental health and/or addressing poor mental health
- Initiate a householder survey to find out more about people's views and experiences of living in Lisburn Castlereagh and how their health is impacted – then build on this information year on year

How are we going to achieve it?

- Roll out of 'Take 5' approach to include piloting of the Take 5
 Toolkit
- Development of Take 5 Implementation Plan (BHSCT&SEHSCT-wide)
- Ongoing delivery of training with a more targeted approach to who delivers what training
- Development of a Good Mental Health Awareness and Suicide Prevention Training Plan (BHSCT&SEHSCT-wide)
- Improved information sharing and co-ordination amongst existing mental health and suicide prevention groups and structures (BHSCT&SEHSCT-wide)
- Aim to replicate the Belfast 'Have Your Say' Survey in LCCC, disseminate findings widely and use the information to inform further action to be taken under the 'Good Mental Health' theme

What supporting outcomes does this address?

- We enjoy good mental health
- Children and young people are protected from harm
- Children and young people are physically active and enjoy good mental health
- Good health will no longer be dependent on where we live or what income we have
- We feel a sense of belonging in our local neighbourhoods

What resources do we need to do it?

- Partners' time
- Pooling resources and/or co-ordinating efforts

- SEHSCT / PHA
- Community groups
- LCCC
- Libraries NI
- Those who undertake mental health, emotional resilience and suicide prevention training

Theme 4: Where We Live

Outcome: We live and work in attractive, resilient and environmentally-friendly places

Action 4a: Housing

Why are we doing it?

- To connect people and opportunities through our infrastructure - there is an increasing need for enough appropriate land to deliver the housing growth requirement
- To care for others we help those in need by providing sufficient affordable housing for those in housing stress in the Council area with the highest average house price in NI
- As the demographics of LCCC changes, appropriate housing policies should accommodate the needs of the elderly people and those with mobility and disability issues

What is our target?

- Identify land to meet the diverse range of housing requirements including affordable housing over the period of the LDP
- Increase the choice of housing available at a range of prices and tenures
- Consider the need to provide housing which is appropriate for the needs of older people and those with mobility and disability issues

How are we going to achieve it?

- Draft LDP housing policies will ensure adequate land to meet the HGI requirement including the affordable housing requirement for the Plan period
- Carry out research on house building standards and consider policy initiatives within the Draft LDP to address accessibility/ mobility/ disability requirements by December 2019

What supporting outcomes does this address?

- Neighbourhoods are designed and regenerated to promote well-being
- We have access to essential services, shops, leisure and workplaces
- The built and natural environment is protected and enhanced
- Everyone lives in an affordable home that meets their needs

What resources do we need to do it?

• Can be delivered within existing resources

- Housing Executive (Stephen Semple)
- Community representatives
- DfC Housing Group
- Housing associations
- LCCC
- Private sector

Action 4b: Sustainable and Active Travel

Why are we doing it?

- There is a need to get people using more sustainable transport and away from private car use
- There's a need to promote better health and wellbeing
- Need to make cycling and walking safer and more appealing
- There are unacceptably high levels of congestion, pollution (especially near schools) and obesity. 20.15% of Year 1 and 22.46% of Year 8 children were overweight or obese in 2016
- There is poor connectivity within the Council area

What is our target?

- Reduce private car use
- Reduce congestion, pollution and obesity
- Increase walking and cycling and access to open spaces

How are we going to achieve it?

- Consider developing new and extend existing Park and Ride and Park and Share facilities in key locations according to the Transport Plan
- Investigate and develop plans to improve public transport
- Monitor and assist with the delivery of the strategic plan to improve greenways and walking corridors/cycle routes by December 2019
- Create and develop strategic greenways and access to towpath
- Promote opportunities for active travel routes in Ballybeen
- Develop a plan to provide safe storage bike racks at Moat Park to tie in with Belfast Rapid Transit by December 2019
- Make cycling and walking safer and more appealing
- Keep electric vehicle development and charging point requirement under review

What supporting outcomes does this address?

- There is a modal shift to sustainable and healthy transport options
- We have access to essential services, shops, leisure and workplaces
- Neighbourhoods are designed and regenerated to promote wellbeing
- The built and natural environment is protected and enhanced
- Greenhouse gas emissions are reduced

What resources do we need to do it?

• Can be delivered within existing resources

- DfI (Raymond McCullough)
- DfC
- EANI
- LCCC
- Lagan Navigation Trust
- NIHE
- Social Trusts
- SportNI
- Sustrans

Theme 5: Our Community

Outcome: We live in empowered, harmonious, safe and welcoming communities

Action 5a: Support Hub

Why are we doing it?

- We need collaboration among agencies to provide early intervention and support to vulnerable groups/individuals with complex needs
- To provide holistic support to reduce a person's vulnerability
- Key professionals working together to facilitate better quality information sharing and decision making to improve lives of the most vulnerable in our community

What is our target?

- Improve opportunities for vulnerable people
- Increase the number of people who have been supported successfully through work of the hub
- Reduce pressure on public services
- Improve the service to individuals through more efficient working

How are we going to achieve it?

- Establish a support hub to help vulnerable groups/individuals by December 2019
- Develop a programme of regular reviews and interventions by March 2020

What supporting outcomes does this address?

- Public services are enhanced through co-design and coproduction
- We feel a sense of belonging in our local neighbourhoods: urban, suburban and rural
- Crime and anti-social behaviour are reduced

What resources do we need to do it?

Administration

- LCCC (Angela McCann PCSP)
- Community & voluntary sectors
- DoJ
- EANI
- Health Trusts
- NIAS
- NIFRS
- NIHE
- PBNI
- PSNI
- Youth Justice Agency

Action 5b: Establish a Community Network

Why are we doing it?

- Currently no consistent approach to community engagement
- Not all community voices are represented
- There are areas where there is no collaborative approach questions around representation and capacity, there is a need to share learning and to adopt co-production and co-design principles
- There is no community network

What is our target?

- Increase level of engagement and participation
- Increase the sense of ownership and sense of belonging and increase opportunities to be involved
- Increase numbers of people availing of community development opportunities
- Develop and set up a Community Network

How are we going to achieve it?

- Develop seven DEA engagement forums by March 2020
- Reflect diversity in focus groups
- Promote community development opportunities more widely
- Develop a community engagement network by March 2020

What supporting outcomes does this address?

- There is participation and volunteering in public and community life, arts, culture and sport by people of all backgrounds
- We feel a sense of belonging in our local neighbourhoods: urban, suburban and rural
- Diversity is celebrated and there are good relations between people of different backgrounds and identities

What resources do we need to do it?

- Community Infrastructure Fund
- DfC Community Support Programme

- LCCC (Louise Moore)
- Age Friendly
- BHSCT
- Community and voluntary sector
- DfC
- EANI
- Lagan Navigation Trust
- Libraries NI
- NICVA
- NIHE
- NIFRS
- PCSP
- PSNI
- SEHSCT
- SportNI
- Volunteer Now
- Youth Council

Action 5c: Volunteering

Why are we doing it?

- We want to ensure volunteers receive adequate support & recognition
- Volunteering is integral to a healthy & vibrant community
- Volunteering increases employability
- Volunteering improves health, wellbeing & reduces high levels of isolation
- Diversity in volunteering enriches the communities we live in

What is our target?

- Encourage people to volunteer
- Promote volunteering opportunities widely
- Empower individuals to participate
- Enable volunteering by building capacity of organisations
- Recognise the value of volunteering and the contribution of volunteers

How are we going to achieve it?

- Stronger recognition of volunteering, those who do volunteer often don't see themselves in that role, particularly in sports, faith-based groups and small social groups
- Increasing volunteering of all Section 75 groups
- Need for stronger collaboration/ signposting to other service providers
- Improve volunteering practice and provide training
- Recognise volunteering as part of a journey towards personal development

What supporting outcomes does this address?

- There is participation and volunteering in public and community life, arts, culture and sport by people of all backgrounds
- Diversity is celebrated and there are good relations between people of different backgrounds and identities
- We feel a sense of belonging in our local neighbourhoods: urban, suburban and rural

What resources do we need to do it?

- Administration by Volunteer Now
- Information sharing & collaboration between all action group members

- Volunteer Now (Antje Otto)
- Ballybeen Improvement Group
- DfC
- Disability Action
- EANI
- LCCC
- Lisburn Church Community Trust
- Orchardville Society
- NIFRS
- NIHF
- SEHSCT
- Sport NI
- The Waterways Community

Appendix 2 - Addressing Local Government Outcomes

PfG Outcomes	Action Plan Outcomes	Action Plan Actions
We prosper through a strong, competitive, regionally balanced economy	Theme 2: Everyone benefits from a vibrant economy	 1a Looked After Children 2a Business Development 2b Social Economy 4b Sustainable and Active Travel
We live and work sustainably - protecting the environment	Theme 4: We live and work in attractive, resilient and environmentally friendly places	4a Housing 4b Sustainable and Active Travel
3 We have a more equal society	Theme 3: We live healthy, fulfilling and long lives	1b Youth Council 3a Be Active Lisburn & Castlereagh 3b Age Friendly 3c Good Mental Health 4b Sustainable and Active Travel 5a Support Hub 5b Establish a Community Network 5c Volunteering
4 We enjoy long, healthy, active lives	Theme 3: We live healthy, fulfilling and long lives	3a Be Active Lisburn and Castlereagh 3b Age Friendly 3c Good Mental Health 4b Sustainable and Active Travel 5a Support Hub

PfG Outcomes	Action Plan Outcomes	Action Plan Actions
5 We are an innovative, creative society, where people can fulfil their potential	Theme 5: We live in empowered, harmonious, safe and welcoming communities	 1a Looked After Children 1b Youth Council 2a Business Development 2b Social Economy 3b Age Friendly 4a Housing 5a Support Hub 5b Establish a Community Network 5c Volunteering
6 We have more people working in better jobs	Theme 2: Everyone benefits from a vibrant economy	1a Looked After Children1b Youth Council2a Business Development2b Social Economy
7 We have a safe community where we respect the law, and each other	Theme 5: We live in empowered, harmonious, safe and welcoming communities	 1a Looked After Children 1b Youth Council 3c Good Mental Health 5a Support Hub 5b Establish a Community Network
8 We care for others and we help those in need	Theme 3: We live healthy, fulfilling and long lives	 1a Looked After Children 1c Early Years 3b Age Friendly 3c Good Mental Health 4a Housing 5a Support Hub 5b Establish a Community Network 5c Volunteering

PfG Outcomes	Action Plan Outcomes	Action Plan Actions
9 We are a shared, welcoming and confident society that respects diversity	Theme 5: We live in empowered, harmonious, safe and welcoming communities	 1b Youth Council 2b Social Economy 3b Age Friendly 3c Good Mental Health 5a Support Hub 5b Establish a Community Network 5c Volunteering
10 We have created a place where people want to live and work, to visit and invest	Theme 4: We live and work in attractive, resilient and environmentally friendly places	 2a Business Development 2b Social Economy 4a Housing 4b Sustainable and Active Travel
11 We connect people and opportunities through our infrastructure	Theme 2: Everyone benefits from a vibrant economy	 Looked After Children Youth Council Business Development Social Economy Age Friendly Sustainable and Active Travel Support Hub Establish a Community Network Volunteering
12 We give our children and young people the best start in life	Theme 1: Our children and young people have the best start in life	 1a Looked After Children 1b Youth Council 1c Early Years 3a Be Active Lisburn & Castlereagh

Abbreviations List

AF	Age Friendly	LAC	Looked After Children
APGs	Action Planning Groups	LCCC	Lisburn & Castlereagh City Council
AT	Asset Transfer	LDP	Local Development Plan
BHSCT	Belfast Health & Social Care Trust	LEAs	Local Enterprise Areas
CAT	Council Asset Transfer	NIAS	NI Ambulance Service
CCMS	Council for Catholic Maintained Schools	NIBSUP	NI Business Start Up Programme
СР	Community Planning	NICVA	Northern Ireland Council for Voluntary Action
CYPSP	Children and Young People's Strategic Partnership	NIFRS	NI Fire & Rescue Service
DE	Department of Education	NIHE	NI Housing Executive
DEA	District Electoral Area	NIYLT	NI Young Life and Times Survey
DfC	Department for Communities	PBNI	Probation Board for Northern Ireland
Dfl	Department for Infrastructure	PCSP	Policing and Community Safety Partnerships
DoJ	Department of Justice	PHA	Public Health Agency
EANI	Education Authority NI	PSNI	Police Service NI
FSME	Free School Meals Entitlement	SCPP	Strategic Community Planning Partnership
GHQ	General Health Questionnaire	SE	Social Enterprise
GR	Good Relations	SEHSCT	South Eastern Health & Social Care Trust
HGI	Housing Growth Indicator	SERC	South Eastern Regional College

HR

Human Resources

